



LUNCH MENU

STARTERS & LITE BITES

Creamy Local Seafood & Winter Vegetable Seafood Chowder

With Chilli Oil & Golden Puff Pastry €8.90
Contains Allergen 1/2/3/4/7/9/14

Steamed Wexford Mussels

Cooked in Coconut Milk with lemongrass, Chilli & Coriander,
Served with Tomato Focaccia €10.50
Contains Allergen 1/2/4/14

Wexford Cheddar, Spinach & Potato Spring Rolls

Spicy Garlic & Chive Aioli With A Salad Garnish €8.50
Contains Allergen 1/4/7/8/9

Soup of the Day

Served with a Selection of Breads €4.90

SANDWICHES

All Sandwiches Garnished with Hand Cut Crisps

Toasted Special

Baked Ham, Wexford Cheddar Cheese, Tomato & Onion €6.95
(Triple Decker)
Contains Allergen 1/7

Cajun Chicken Ciabatta

Crispy Rocket & Basil Pesto €8.95
Contains Allergen 1/3/7

Meyler's Smoked Salmon

Served With Avocado, Capers, Cucumber and Horseradish
Cream on Irish Soda Bread €8.95
Contains Allergen 1/2/3/4/9/7/14

Classic BLT

Streaky Bacon, Lettuce, Tomato & Mayonnaise €6.95
(Triple Decker)
Contains Allergen 1/3

Lunch Chips €2.50

DAILY SPECIALS AVAILABLE

Pasta Of The Day €10.95

Blackboard Special €10.95

Meyler's Natural Smoked Haddock & Chive Fish Cake

With Crispy Pancetta, Pickled Beetroot, Poached Egg &
Béarnaise Sauce €9.25
Contains Allergen 12/3/4/7/14

Burgundy Pear, Walnut & Grilled Chicken Salad **Starter €9.75/Main Course €14.95**

With Melted Brie, Air-Dried Cranberries & Poppy seed Dressing
Contains Allergen 5/7/8/9/10

'TMT' Spicy Buffalo Chicken Wings

With Celery Sticks & Blue Cheese Dip €10.00
Contains Allergen 1/9/10

Leek, Gubbeen Cheese & Wild Mushroom Quiche

With Roast Red Peppers & Organic Onion Salad €9.50
Contains Allergen 1/3/7/9/10

MAINS

'TMT' Chicken Curry

Coriander Yoghurt, with Rice & Fries €14.50
Contains Allergen 4/5/9/10

Louisiana Spicy Chicken Burger

Avocado, Blue Cheese Sauce with Chilli Fries €14.90
Contains Allergen 1/3/7/9

Golden Fried Monkfish, Salt & Pepper Squid Rings

With Bacon & Mint Creamed Peas, Classic Remoulade Sauce
& Thick Cut Chips €15.95
Contains Allergen 1/2/3/4/7/14

'TMT' Mixed Grill

With Lamb Cutlet, Sausage, Bacon, Pudding, Egg
& Lyonnais Style Potatoes €13.95
Contains Allergen 3/7/9/10

Pan Fried Hake

With Saffron Crushed Potatoes, Confit Tomato, Caper Salsa
& Rocket Garnish €13.95
Contains Allergen 2/4/7/14

'TMT' Signature Open Beef Burger

{Please Allow Appropriate Cooking Time}
Smoked Cheddar, Streaky Bacon, Sunny Side Egg,
Pickled Red Cabbage & 'TMT' Chips €15.25
Contains Allergen 1/3/7/9/10

Allergen Listing

1	Cereals containing gluten	6	Soybeans & products thereof	11	Sesame seeds & products thereof
2	Crustaceans (crab, lobster, shrimp)	7	Milk & products thereof	12	Sulphur dioxide & sulphites
3	Eggs & products thereof	8	Nuts	13	Lupin (type of seed flour)
4	Fish & products thereof	9	Celery & products thereof	14	Molluscs (oysters, mussels, scallops)
5	Peanuts & products thereof	10	Mustard & products thereof		

All our menu items may be prepared in the presence of the above allergens
Some dishes can be adapted – please ask your server

SERVICE CHARGE IS NOT INCLUDED

SPLIT BILLS WILL NOT BE ISSUED FOR TABLES OVER 6 PEOPLE