



## **LUNCH MENU**

### *STARTERS/LIGHT BITES*

<b>Soup of the Day (C) (V)</b> <i>Served with Crusty Breads</i>	4.20
<b>Meyler's Natural Smoked Haddock &amp; Seafood Chowder</b>	6.90
<b>Dijon Mustard &amp; Worcestershire Crispy Chicken Salad</b> <i>Served with Brazil Nuts, Grapes &amp; Orange Segments on Baby Gem Lettuce</i>	8.90
<b>Baked St. Killian with a Honey Oats and Nut Crumble (V)</b> <i>Beetroot Carpaccio, Black Cherries &amp; Ginger Compote</i>	8.90
<b>Crock of Meyler's Mussels (C)</b> <i>In a Rich Tomato Sauce with Chorizo Cubes Served with Sea Salt Rustic Garlic Bread</i>	8.90
<b>Deep Fried Spring Rolls Filled with Philadelphia Cheese And Grilled Chicken Pieces</b> <i>Served with Baby Tomatoes, Olives and a Mango Dip</i>	6.90
<b>Red Pepper, Ardsallagh Goats Cheese &amp; Mushroom Quiche (V)</b> <i>Served with Red Onion Marmalade and Organic Salad</i>	8.90

### *MAINS*

<b>Seafood Mornay with Spinach Gratinated with Wexford Vintage Cheddar (C)</b> <i>Topped with a Poached Egg and served with Champ Mash</i>	11.90
<b>Fresh Pasta of the Day</b>	10.50
<b>'TMT' House Smoked BBQ Steak Sandwich</b> <i>With Crème Fraiche, Flat Mushroom, French Fried Onion and Hand Cut Chips</i>	12.90
<b>Grilled Salmon Steak (C)</b> <i>Served With Salad of Warm Baby Potatoes, Black Pudding, Baby Gem Lettuce, Bacon and a Pineapple Salsa</i>	12.50
<b>Slow Cooked Duck Leg Confit with a Soy Tossed Cabbage Stirfry (C)</b> <i>With Bamboo Shoots &amp; Water Chestnuts on A Bed Of Sweet Potato Puree</i>	11.50
<b>Black Board Special of the Day</b>	10.00
<b>Lunch Chips</b>	2.00



## **LUNCH MENU**

### *SANDWICHES/PANINI €6*

#### **Toasted Special**

*Baked Ham, Wexford Cheddar Cheese, Tomato & Onion (Triple Decker)*

#### **Club Sandwich**

*Grilled Chicken, Hard Boiled Egg, Streaky Bacon, Lettuce, Tomato & Mayo (Triple Decker)*

#### **BLT**

*Streaky Bacon, Lettuce, Tomato & Mayonnaise (Triple Decker)*

#### **Smoked Turkey Breast and Tarragon Stuffing**

*With Cranberry Mayo*

#### **Meyler's Smoked Salmon** (Served on Cooney's Wholemeal Bread)

*Horseradish Cream Cheese & Pickled Dill Cucumber*

### **'TMT' SPECIAL OFFER**

#### **SOUP of the DAY**

**& choose one of the above SANDWICH ONLY €9.00**

**All sandwiches or Panini's served with Hand Cut Crisps**

### *DESSERTS €6.00*

#### **Classic Vanilla Bean Crème Brûlée**

*With Chocolate Sauce & Vanilla Icecream*

#### **Choux Bun with Galliano Ricotta**

*Toblerone Sauce and Orange & Hazelnut Icecream*

#### **Warm Chocolate Brownie**

*With Chocolate Sauce & Vanilla Icecream*

#### **Apple and Blackberry Crumble**

*With Vanilla Icecream*

#### **'TMT' Cheese Board €8.90**

*Selection of Irish & European Cheese with House Chutney & Crackers*